**Road Trip**

**Part 6**

*Save me, O God, for the floodwaters are up to my neck. Deeper and deeper I sink into the mire; I can’t find a foothold. I am in deep water, and the floods overwhelm me. I am exhausted from crying for help; my throat is parched. My eyes are swollen with weeping, waiting for my God to help me. Those who hate me without cause outnumber the hairs on my head. Many enemies try to destroy me with lies, demanding that I give back what I didn’t steal.*

Psalm 69:1-4 (NLT)

*But I keep praying to you, Lord, hoping this time you will show me favor. In your unfailing love, O God, answer my prayer with your sure salvation. Rescue me from the mud; don’t let me sink any deeper! Save me from those who hate me, and pull me from these deep waters.*

Psalm 69:13-14 (NLT)

*I am suffering and in pain. Rescue me, O God, by your saving power. Then I will praise God’s name with singing, and I will honor him with thanksgiving.*  
Psalm 69:29-30 (NLT)

*The humble will see their God at work and be glad. Let all who seek God’s help be encouraged.*

Psalm 69:32 (NLT)

**When I lament, I bring my pain and praise to God so that I may be whole.**

*My God, my God, why have you forsaken me? Why are you so far from saving me, so far from my cries of anguish?*

Psalm 22:1 (NIV)